



January 2021 Monthly Newsletter

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Pam Schroeder

WEBSITE: <https://edenfishingclub.org>

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President: Rob Schroeder

Treasurer: Val Cartledge

Vice President: Eddy Evans

Committee: Adam Trotter,
Gordon Rugg, Melanie O'Brien, Chris Cocks

Covid 19

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

The EAFC would like to thank the Business that have already offered donations to our upcoming Annual Fishing Competition.

We appreciate your contributions under trying circumstances.

It is our belief that the Competition will bring valued tourism funds to our local region.

If there is anyone else wishing to participate please contact our Sponsor Co-Ordinator: Val Cartledge on 0419 154 843 or email our secretary Pam Schroeder.

In this edition:

President's Report

Slimy Mackerel Fish of the Month

Fishing Report

2021 Competition:

New Web Site Launch and On Line
Competition Entries Now Available

Monthly Events & Results:

SAND WHITING DEC FISH OF THE MONTH WINNERS

YEARLY HEAVIEST FISH RESULTS

GENERAL MEETINGS:

(ALL MEMBERS WELCOME)

NEXT MEETING: 20TH JANUARY 3PM CLUB HOUSE

Dates to Remember:

Members Seafood Dinner
Saturday January 23rd 2021

2nd Book Fair and Car Boot Sale
~~Saturday January 23rd 2021~~ Deferred

43RD Annual Fishing Competition
March 6th to 13th 2021

Adam Trotter Is our Recycling Man

How full is your Recycling Bin with eligible containers?

Call to arrange Collection 0414 357 348



IT'S TIME TO START THINKING ABOUT UPDATING YOUR LIFEJACKETS



Back in 2010 the standard for lifejackets was changed from ASI 512 to AS4758.

With that change saw the change in the way we refer to our lifejackets from Type 1, 2 or 3 to Levels 100+, 50 and 50S.

For most of us it did not really mean much at all, we could continue using the lifejackets we had but that period hasn't got much longer to go.

From January 2021, the old AS 1512 PFDs/lifejackets will no longer be accepted and you must update to the current standard which is AS4758. I

*Courtesy advice from Alan Hocking, ACT Inflatable LifeJacket Services



Improved recent weather conditions has seen a good number of boats launching out of Quarantine bay, the majority being visitors and if activity around the cleaning tables is an indication many are getting a feed and really enjoying the fishing. Sadly, most of these visitors have now been forced to cut their stay short and rush home due to the recent developments in the covid pandemic.

The good news is that one of our most successful anglers and his family members have been making the most of their opportunities and have reported that the fishing at the moment is very good.

Ocean fishing is producing good catches of Mowies and Nannygai and although a little patchy and variable in size, bag limits of Flathead are being taken. Some quite large lizards have been boated in Twofold Bay and the Saltwater Creek ground is working well, just be prepared to move around to find a patch. Snapper numbers may have dropped off but there are still a few about with some good fish taken on Micro Jigs and soft plastics while Slimy Mackerel or Pilchard is the best bait. A nice haul of Calamari Squid and some smallish Gummy Sharks were seen on the cleaning tables along with a number of the less desirable species.

The lakes, rivers and estuaries are also fishing well for Dusky Flathead, Whiting, Bream and Trevally, with Salmon and Tailor are moving around the entrances and channels. Wonboyn, the Bega River, Merimbula and Pambula lakes and Kiah Inlet all get a mention.

Interestingly, it has been noticed that the best fishing has coincided with the timing of the recent prawn runs, so there is a good tip.

Fish of the month news: Sand Whiting was the target fish for December and the competition was strong. Congratulations to the winners Jenny and Gordon Rugg and junior winners Isabella Howlett and Lachlan Carson, no surprises there.



Fish of the month for January is the humble Slimy Mackerel and anyone can catch one of these. They frequent local wharfs and Jetties where a bit of burley works wonders if they are about. They also roam the oceans and bays in schools, look for surface action or baitfish on your sounder. Most Slimy Mackerel are caught within a few metres of the surface, a light outfit rigged

with a size 2-4 hook under a small ball sinker is all the gear you need. Pilchard or other fish flesh is a good bait while, small shiny lures or baitfish jigs will also work.

Slimy Mackerel are great fishing fun for kids and although largely shunned as a table fish they do have some admirers and they do smoke up well. They are a great fresh bait and lightly salted fillets will keep in the freezer for a good few months.

Called slimy mackerel in Australia, they are found all over the world. In Australia they are considered arguably the best baitfish available for many target species but are seldom thought as table fare. However, in many places they are revered as an eating fish, particularly in colder waters.



The secret to cooking mackerel is to remove two boneless and skinless strips of flesh from each fillet. One strip from above the bloodline, the other strip from below the bloodline.

1 Getting prepared: two slimy mackerel fillets and a slimy mackerel alongside for comparison.

2 To remove the bones, make an incision down to (but not through) the skin above the pin bones and bloodline (which run the full length of the fillet). The line of pin bones that run the full length down the middle of the fillet will remain attached to the skin. Then turn the knife outwards and cut the flesh away from the centre and remove the strip of fish flesh from the dorsal part of the fillet.

3 Next remove the rib bones from the belly half of the fillet.

4 Now skin the bottom half of the fillet. Using a blade longer than the fillet you can skin in the opposite direction to normal. Make a cut into the flesh below the pin bones and then cut the flesh strip away from the remaining skin and pin bones, ensuring that you have no bones in the strip that is intended for the table. The remainder should now be the skin with a row of pin bones still attached.

5 Two mackerel strips (one from the upper section of the fillet and the other from the lower section of the fillet) on the right ready for cooking. Note that the rib 'flaps' make good bream baits and the flesh and skin left overs make good berley.



Recipe

This recipe is a concept rather than a rigid amount of ingredients.

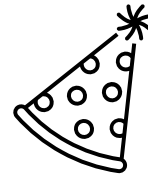
The seasoned flour consists of plain flour mixed with a generous amount of salt and pepper. The mackerel fillets are coated in this mixture and then sautéed in a little butter until almost cooked through. Don't overcook as the mackerel as it will continue to cook in the pan when removed from the heat.

I remove the fillets from the pan and add chopped herbs to the butter in the pan. This herb buttery mixture is then spooned over the cooked mackerel. I have used chives in the photo for this recipe, but you can add almost any herb of your choice. The robust oily flavours of the mackerel will team with most herbs; my favourites are thyme, coriander, or chives.

6 To serve, place the mackerel fillets on a plate and spoon the herb butter sauce over the fillets.

A squeeze of lemon lifts the tastes in the dish





JANUARY BIRTHDAYS

Lachlan Carson turns 14 on the 2nd

James Tatti turns 4 on the 18th

Jack Cochrane turns 13 on the 24th



Members Seafood Dinner \$15.00pp

Saturday January 23rd 5.30pm

Club House Quarantine Bay

If you could bring a Sweet to be shared,
it would be very much appreciated.

RSVP 18/1/2021 Eddy Evans 0418 556 414

EAFC encourages
Members to Support

Dusky Challenge

6th and 7th February 2021

Full details available on their Website



Our scheduled Book Fair & Car Boot Sale for Saturday 23rd January 2021
has been deferred to later in the year due to Covid -19 Health concerns.

The Committee apologies for any inconvenience this may cause.

I hope that everyone had a good Christmas and New Year and were able to catch up with family and friends. Pam and I managed to get to Bendigo to catch up with our son Rohan and friends we have not seen for a while. We as we all were expecting friends to come up and stay on after the New Year however unfortunately all this was halted thanks to Covid once again.

Eden was booming with Christmas crowds, accommodation places full and business doing well but unfortunately this was short lived due to border lockdowns with Victorians again having to make a quick exodus which is just another kick in the guts to our town and surrounding towns.

The ever-changing restrictions prompted the committee along with our Major Sponsors to review the impact recent events may have on this year's competition and whether we should go ahead?

The Sponsors, Committee and Members present after lengthy discussions, **UNANIMOUSLY AGREED TO GO AHEAD.**

Thanks to the changes we have made to the format of this year's competition and with a greater focus on online registrations, also sponsorship donations were again coming in from local businesses which is greatly appreciated, the committee believed our major focus was that we can still run a successful competition and adapt when necessary. We also believed that we all need something positive to look forward to.

So, for all those people who have been contacting me Our 43rd Annual Fishing Competition **IS ON** and the Major Boat Package Prize this year is a ripper!

As we all know there is a huge amount of work that goes into organising our competition and I would like to sincerely thank Pam and Val for their tireless efforts not forgetting the other committee and members that are doing their part with changing signage, putting up our competition banner, contacting sponsors, mowing and maintaining around the clubrooms.

The wonderful changes to our Fish Categories and cash rewards are revealed later in this Newsletter and we expect our new look Web Site will be on line towards the middle of next week.

With a bit of luck the weather should now start and improve so we can get back on the blue water and I can't wait to get a run of days with light winds so I can get out deep dropping with Wayne Emmerson to put some blue eye and ocean perch in the freezer. Reflected in Bob's fishing report there are fish about for those that make the effort and I have managed to get a feed of dusky's but unfortunately have had three trips on the whiting with no success.

I have coped some stick from one of our club members who keeps reminding me that his grand daughter is out fishing me for Sand Whiting. Therefore, with much determination and some sound advice to fish lighter yesterday I managed eight nice sand whiting so after finishing this report I will be back out there.

So bye I'm going fishing !

Rob Schroeder













E.A.F.C.I. YEARLY FISH WEIGHTS			JANUARY 2021	
SPECIES	MEN	WEIGHT KG.	LADIES	WEIGHT KG.
BREAM	G.RUGG	1.700	J.RUGG	1.200
DRUMMER	R.LEEDING	1.925	B.LEEDING	3.305
FLATHEAD, RIVER	K.HOWLETT	3.350	K.JONES	5.700
FLATHEAD, SAND			K.JONES	1.047
FLATHEAD, TIGER				
JEWFISH				
KINGFISH				
LATCHET GURNARD				
LEATHERJACKET	M.CARSON	1.455	T.HOWLETT	0.525
LUDERICK	G.RUGG	1.600	K.JONES	1.600
MACKEREL, SLIMY				
MARLIN				
MORWONG, JACKASS	T.CARSON	1.172	K.JONES	0.960
MORWONG, RUBBERLIP	G.RUGG	2.445	J.RUGG	1.925
NANNYGAI	T.CARSON	1.150	T.HOWLETT	0.876
SALMON	K.HOWLETT	2.000		
SHARK, GAME				
SHARK, GUMMY			K.JONES	2.270
SNAPPER	T.CARSON	2.715	K.JONES	1.450
TAILOR	T.CARSON	3.383	K.JONES	1.133
TREVALLY	G.RUGG	1.350	J.RUGG	0.733
TROUT	T.CARSON	1.700	K.JONES	1.350
TUNA, BONITO				
TUNA, STRIPED				
TUNA, YELLOWFIN				
TUNA, YELLOWFIN	G.McMAHON	62.000		
SAND WHITING	G.RUGG	0.780	J.RUGG	0.705
SPECIES	BOYS	WEIGHT KG.	GIRLS	WEIGHT KG.
BREAM	F.CARSON	0.850	E.CARSON	0.650
FLATHEAD, RIVER	F.CARSON	1.050		
FLATHEAD, SAND				
FLATHEAD, TIGER				
KINGFISH				
LEATHERJACKET	L.CARSON	0.280		
LUDERICK				
MACKEREL, SLIMY				
MORWONG, JACKASS	L.CARSON	0.734		
MORWONG, RUBBERLIP	F.CARSON	2.796		
NANNYGAI	L.CARSON	1.046		
SALMON	F.CARSON	1.700		
SHARK, GAME				
SHARK, GUMMY				
SNAPPER	L.CARSON	1.055		
SWEEP	L.CARSON	0.290		
TAILOR	F.CARSON	1.166		
TREVALLY	F.CARSON	0.500	I.HOWLETT	0.533
TROUT	F.CARSON	1.700		
TUNA, BONITO				
TUNA, STRIPED				
SAND WHITING	L.CARSON	0.358	I.HOWLETT	0.430

PLEASE NOTE: WEIGHT DOCKETS ARE VALID FOR 2 MONTHS ONLY.

WEIGHMASTER G.RUGG

NEW ENTRIES

FISH OF THE MONTH TARGETED SPECIES

 <p>September - Trevally</p>	 <p>October - Bream</p>
 <p>NOVEMBER - LUDERICK</p>	<p>DECEMBER - SAND WHITING</p> 
<p>JANUARY - SLIMY MACKEREL</p> 	<p>FEBRUARY - SANDFLATHEAD</p> 
<p>MARCH - KINGFISH</p> 	<p>APRIL - SALMON</p> 
<p>MAY - SNAPPER</p> 	<p>JUNE - LEATHER JACKET</p> 
<p>JULY - DRUMMER</p> 	<p>AUGUST - MORWONG</p> 

**FISH OF THE MONTH FOR DECEMBER SAND WHITING
CONGRATULATIONS TO OUR WINNERS**

Ladies- JENNY- RUGG .705kg. Men's- GORDON RUGG .605kg
Juniors: ISABELLA HOWLETT 0.430kg & LACHLAN CARSON 0.358kg

Our Monthly Meetings will now be fortnightly as of 20th Jan, due to the requirements needed to arrange many aspects of the Competition. We would welcome any Members to attend and offer their assistance. Alternatively, please contact any of the Committee.

E AFC WISHES TO THANK OUR MAJOR SPONSORS



43rd ANNUAL FISHING COMPETITION

On Line www.edenfishingclub.org

Major Boat Prize Entries Including
Fishing Competition Registrations,
Now Available!!!

Merchandise: Club Shirts *Adult* and *Junior* Sizes,
Peak and Wide Brim Club Hats, Stubby Holders

DPI Brag Mats and Form a Sign Marlin Measures
Automated Payment and Receipt System
Competition Rules and Regulations

Terms & Conditions of Entry



Check Out Our New Look Website

The New Fish Section Cash Prizes Awarded are Revealed

EDEN AMATEUR FISHING CLUB INC.			
43 rd Annual Fishing Competition 6 th - 13 th MARCH 2021			
Species		Men's Section	Ladies Section
Submit Photo via SMS to 0419323018	Combined Prizes		
	All named Species to be caught in each Combination to be eligible for Prizes. In the event of tied length/s the first recorded length/s shall be awarded as the winner		
	PRIZE \$1000 BREAM AND SAND WHITING	Measure. Combined Total Length	Measure. Combined Total Length
	COMBINED PRIZE \$800 SALMON AND TAILOR Result is Lucky Draw	Minimum individual Length of each fish 350mm	Minimum individual Length of each fish 350mm
COMBINED Prize \$1000 SNAPPER, MORWONG AND NANNY GAI	Measure Combined Total Length	Measure Combined Total Length	
Single Species \$500 each per Longest Length and Heaviest Weighed In			
Submit Photo via SMS to 0419 115 923	FLATHEAD DUSKY Must Be Released	Measure	Measure
	FLATHEAD SAND or TIGER	Measure	Measure
	DRUMMER	Measure	Measure
	JEW FISH	Measure	Measure
	KINGFISH	Measure	Measure
	LEATHER JACKET	Measure	Measure
	LUDERICK	Measure	Measure
	MARLIN	Form a sign marlin measure	Form a sign marlin measure
	SHARK GUMMY	Weight	Weight
	SLIMY MACKEREL	Measure	Measure
	TREVALLY	Measure	Measure
TUNA STRIPED OR BONITO	Measure	Measure	
TUNA YELLOWFIN	Weight	Weight	
For Full Competition Details, always refer to the EAFC 2021 Competition Rules & Regulations, Terms & Conditions, as agreed to when Registering. Continual access is available on our Web Page.			

EDEN AMATEUR FISHING CLUB INC.
43rd Annual Fishing Competition: March 6th-13th 2021

	U16 Boys Section \$70 Each Species	U16 Girls Section \$70 Each Species	Under Sixes Section \$20 Each Species
Species	Length by Measure on a DPI Brag Mat		Max 2 Fish per Entrant per Species. Legal Length Applies
BREAM			
FLATHEAD DUSKY			
FLATHEAD SAND INCLUDES TIGER			
LEATHERJACKET			NA
LUDERICK			NA
MORWONG			NA
SALMON			
SLIMY MACKEREL			
SNAPPER			NA
SWEEP			NA
TAILOR			
TREVALLY			
WHITING SAND			
	13 Species	13 Species	8 Species
	In the event of tied length/s entered for the same species- The first recorded length is awarded to be the winner.		Winners decided by Lucky Draw. Goody Bag for all Entrants

**Boys/Girls & Under Sixes Sections to submit photo entries via
SMS to Mobile 0418 503 737**

For Full Competition Details Refer to the
EAFC 2021 Competition Rules & Regulations,
Terms & Conditions, as agreed to when Registering.
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